

Element (Mineral) Profiles

SPECIMEN COLLECTION INSTRUCTIONS

This specimen collection kit can be used for the following tests:

0022 Nutrient & Toxic Elements - Erythrocytes

0026 TOXIC METALS - Whole Blood

PLEASE NOTE:

All patient specimens require two unique identifiers (patient's name and date of birth), as well as date of collection. Patient's first and last name, date of birth, and date of collection must be recorded on the Test Requisition Form as well as all tube(s) and/or vial(s), using a permanent marker, or the test may not be processed.

Specimen

Whole Blood, Room Temperature

Collection Materials

- Royal-blue-top tube (Trace element EDTA)

Shipping Materials

- Orange absorbent pad
- Biohazard bag with side pocket
- Test Requisition Form
- Specimen collection kit box

* See shipping instructions for specific details

Please Note

- There is a \$45 charge for re-submittal due to an improper specimen.
- All tests must be ordered by healthcare professionals only.
- Please contact your healthcare professional for lab results.



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PLEASE READ ALL INSTRUCTIONS CAREFULLY BEFORE BEGINNING.

Patient Preparation

- It is not necessary to have the patient fast.
- It is not necessary to discontinue nutritional supplements prior to this test. Abnormalities that may be found will reveal special needs that have not been met by recent dietary and supplemental intake.

Blood Collection

1. WRITE patient name and test number, on royal-blue-top heparin tube using a permanent marker.
2. DRAW blood into the tube.
3. INVERT tube gently fifteen (15) times immediately after blood draw.
4. LEAVE tube at room temperature. Do not centrifuge or transfer.