

GI EFFECTSSM STOOL PROFILES

SPECIMEN COLLECTION INSTRUCTIONS

THIS SPECIMEN COLLECTION KIT CAN BE USED FOR THE FOLLOWING TEST(S):

2100 GI FUNCTION PROFILE - Stool

2105 MICROBIAL ECOLOGY PROFILE - Stool

PLEASE NOTE:

*All patient specimens require two unique identifiers
(patient's name and date of birth), as well as date of collection.*

Patient's first and last name, date of birth, and date of collection must be recorded on the Test Requisition Form as well as all tube(s) and/or vial(s), using a permanent marker, or the test may not be processed.

SPECIMEN

Stool, 2 vials (filled per instructions), refrigerated

COLLECTION MATERIALS

- Collection container
- Orange cap C&S vial
- Pink cap 10% Formalin vial
- 2 Disposable gloves

SHIPPING MATERIALS

- Orange absorbent pad
- Test Requisition Form
- Biohazard bag with side pocket
- Specimen collection kit box

**See shipping instructions for specific details on how to ship your specimen*



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NZ Call +64 3 381 2255
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Please read all instructions carefully before beginning.

PATIENT PREPARATION

- Refrain from taking digestive enzymes, antacids, and aspirin for two days prior to specimen collection, unless otherwise instructed by your healthcare provider.
- Finish taking antifungal or antibiotic medications and wait three days before beginning collection.
- Never discontinue prescription medications without consulting your healthcare provider first.

CAUTION: FLUID IN VIALS. Avoid contact with the skin and eyes. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your healthcare provider immediately.

STOOL COLLECTION

1. **WRITE** patient's first and last name, date of birth, and date of collection on the Test Requisition Form, as well as on both vials, using a permanent marker. You do not have to provide an ID#. The lab will assign one upon arrival.
2. **PUT ON** the disposable gloves.



3. **COLLECT** your stool specimen using the enclosed collection container. DO NOT contaminate the specimen with either urine or water from the toilet.



4. **REMOVE** the cap from the orange cap vial and, using the attached spoon, transfer stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the "fill line". DO NOT OVERFILL. Screw the cap on tightly.



5. **REMOVE** the cap from the pink cap vial and, using the attached spoon, transfer stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the "fill line". DO NOT OVERFILL. Screw the cap on tightly.



6. **SHAKE** the pink and orange cap vials vigorously for approximately 30 seconds to mix the stool specimen with the preservative in the vial.
7. **DISPOSE** of the remaining specimen and the collection container appropriately.

8. **PLACE** the vials and the orange absorbent pad into the biohazard bag and seal the bag.

9. **PLACE** the biohazard bag with the vials into the refrigerator until you are ready to ship.

SPECIMEN PREPARATION

1. **FOLD** the completed Test Requisition Form with attached payment; **PLACE** them into the side pocket of the biohazard bag.
2. **PLACE** the biohazard bag into the specimen collection kit box and close the box.

CHECKLIST (PRIOR TO SHIPPING)

1. **VIALS**
 - Patient's first and last name, date of birth, and date of collection are written on all the vials
 - All the vials are capped tightly
2. **REFRIGERATED**
 - Pink cap 10% Formalin vial
 - Orange cap C&S vial
3. **TEST REQUISITION FORM WITH PAYMENT**
 - Test Requisition Form is complete
 - Payment is included